



### **Medford Multicare Center Introduces New Technology in their Rehabilitation Department**

Medford Multicare Center is proud to offer a new technology within their Rehabilitation Department, Accelerated Care Plus. This new virtual rehabilitation program enables their residents participating in rehabilitation to use special exercises and activities in an interactive manner.

**Why was it important for Medford Multicare Center to introduce this technology?** The facility's staff is always looking for new ways to improve the quality of life of their residents. In the Rehabilitation Department the staff keeps watch for new equipment on the market that can produce better results for their residents. As people are more accustomed to using computers, the Accelerated Care Plus system gives them a platform to use in rehabilitation they are used to. The system can make the process of rehabilitation more familiar and achievable. The Accelerated Care Plus system is used as a part of the rehabilitation program and in addition to other treatments that Medford Multicare Center provides.

The virtual rehabilitation system uses modern technology and provides new appeal for the residents. Instead of just doing exercises, the Accelerated Care Plus system uses computer generated activities to get the resident engaged. "The therapists receive real-time data from the system to show progression of the resident. We're hoping our residents will enjoy participating in the new therapies available," said Karim Nensey, Director of Rehabilitation at Medford Multicare.

The virtual rehabilitation system encourages residents in the rehabilitation program to be more active and to exercise longer. Whether the resident is younger or older, these are exercises that can be tailored for the resident's specific needs. Exercises on this system are used with rehabilitation for muscle weakness, poor balance or coordination, difficulty walking or sitting upright, loss of flexibility or movement or reduced stamina and endurance.

Exercises are performed with the help of a specially trained therapist and can be performed standing or seated. Some conditions that could benefit from this new system as part of their rehab program include residents with heart conditions, stroke, orthopedic conditions, arthritis or those at risk for falls. Please contact the Admissions Department for more information at 631-730-3000.

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Medford Multicare Center provides short-term restorative rehab, skilled nursing, long term geriatric services, respiratory /ventilator care, tracheostomy care, oxygen therapy, IV therapy, wound care and offers a secure dementia unit. Medford Multicare Center is located at 3115 Horseblock Rd in Medford, LIE exit 64. Please call 631-730-3000 to schedule a tour or visit [www.medfordmulticare.org](http://www.medfordmulticare.org) for additional information.