



## **Miracles at Medford Multicare**

It is normal to hear success stories about a resident who arrives on a ventilator to Medford Multicare Center and walks out of the facility to return home.

How? It's a team effort. Members of the interdisciplinary care team at Medford Multicare, including nursing, physicians, occupational therapists, physical therapists, respiratory therapists, dieticians, social workers and members of therapeutic recreation evaluate each resident's individual situation. They put a plan of care together with goals for nursing to address the resident's skilled care needs, respiratory therapists with the intent of getting them off the vent, physical therapists to get them strong and walking, occupational therapists to help retrain them in the activities of daily living, and dieticians to help the resident achieve proper nutrition. Support for residents and their families, with an emphasis on psychosocial well-being, is provided by social workers at Medford Multicare.

While every resident's individual situation and medical condition is different, the facility's goal is to reestablish their level of function to the highest level possible. With the resident's determination and the efforts of Medford's interdisciplinary team, retraining begins in simple functions like bed mobility and relearning how to move, in general. The rehabilitation continues with setting new goals and relearning functions in a progressive manner - from transferring out of bed, to sitting in a chair, and as they become stronger, to ultimately walk if their condition allows. The Occupational Therapists, simultaneously, work at retraining in activities of daily living like dressing and self-care, Speech Therapists work on retraining for eating, swallowing, speaking, all while nursing, respiratory therapy and the medical team address their medical condition.

Medford Multicare Center houses one of the few long-term vent units. They have a successful track record for weaning patients that are assessed as candidates to return home. Tracheotomy care and tracheotomy changes are performed on the ventilator unit and throughout the facility. At Medford each vent patient is assigned to a dedicated, Board Certified Pulmonologist who knows their patients and follows their care. Medford utilizes a sophisticated computerized monitoring system to continuously monitor patients on the ventilator unit. The ventilators are portable, which allows patients to take advantage of their beautiful facility, attend activities including Bingo and live entertainment, go outside for Barbecues, or get services at the beauty parlor.

Medford Multicare Center for provides short-term restorative rehab, skilled nursing, long term geriatric services, respiratory care services and a secure dementia unit. For further information, or to tour the facility, please call 631-730-3000 or visit [www.medfordmulticare.org](http://www.medfordmulticare.org). Medford Multicare Center is conveniently located at 3115 Horseblock Road in Medford, NY, right off LIE exit 64.